



SEACOAST

PLASTIC SURGERY



August Spotlight: The Benefits of a Seacoast MedSpa Membership!

As summer ends, it's an ideal time to refresh your skincare routine and focus on self-care. We are excited to introduce our exclusive Seacoast MedSpa Membership this month, aimed at enhancing your beauty and wellness journey at Seacoast Plastic Surgery & Medical Aesthetics.

Membership Benefits include:

- Affordable fee of only \$20/month*.
- Personalized skin analysis for tailored skincare treatments.
- 10% discount on all MedSpa services and products.
- Extra 5% off on package purchases.
- Exclusive quarterly promotions for members.
- Birthday Month Bonus: Express Glow Facial.

*Terms and conditions apply. Please contact us for more information.



PLASTIC SURGERY & MEDICAL AESTHETICS

Why Join?



The Seacoast MedSpa Membership

Ideal for those who prioritize self-care and wish to stay on top of their beauty routine with the best products and services available. With exclusive discounts and package savings, our membership delivers exceptional value and convenience.

How to join?

Joining is easy! Simply visit our website or contact our office to enroll in the Seacoast MedSpa Membership program today. Start enjoying your benefits immediately!

[JOIN NOW](#)



Skin Care Tip of the Month:

By: Rachael @TheSeacoastAesthetician

☀️ August Glow-Up: Undo the Sun & Spot the Solution

After a summer of sun-soaked strolls through Portsmouth, paddleboarding off Hampton, and beach days in Rye, your skin has likely picked up more than just a tan. Even on breezy days, UV and visible light quietly trigger pigmentation, melasma, and sun spots.

🔬 Skin Science Update — Summer 2025

New research from Dermatology Times confirms that visible light, especially blue light, contributes significantly to pigmentation. Experts now recommend using sunscreens with iron oxides for full-spectrum protection.



Read the article

[CLICK HERE](#)

🌟 Your End-of-Summer Skin Plan

At-Home Essentials:

- ZO Pigment Control Program or Brightalive – clinically proven to fade dark spots and improve tone.
- Tinted SPF 50 – blocks both UV and visible light to prevent further pigmentation.

🛡️ Top ZO Sunscreens with Iron Oxides

- ZO Sheer Fluid SPF 50 – Lightweight, mineral-based, perfect for daily wear.
- ZO SmartTone SPF 50 – Tinted and tone-adaptive, ideal for blue light protection.

☀️ **SPF Tips:** Apply daily and reapply every 2 hours outdoors or after swimming or sweating.

🌟 Fall Reset Options

Reverse summer sun damage with:

- BBL Heroic or Moxi Laser – fade pigmentation and refresh your skin with minimal downtime.
- Add chemical peels or antioxidant support for even better results.



Book Your Pigment Consult Today

Let's create a custom plan to reset your skin and step into fall feeling fresh.

[BOOK NOW](#)





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Let's connect!

Follow Us on Social Media! Stay connected and keep up with our latest news, promotions, and educational content by following us on social media. Share your summer selfies with us using #SeacoastGlow for a chance to be featured on our page!



Thank You! We appreciate your continued trust in Seacoast Plastic Surgery & Medical Aesthetics. If you have any questions about our new membership program or would like to schedule an appointment, please don't hesitate to reach out. We look forward to helping you achieve your aesthetic goals!

Wishing you a fantastic August!



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